


# Thank You Numbers for Presenters and Farmer's Market

ID	Title	Speaker	Type
#1	Take 10 mins. Learn to save a life	Jackie Uselton	Wellness
#2	Dance, Dance, Dance	Nikki Blankenship	Fitness
#3	Fight like a girl	Julia Gschwind	Fitness
#4	Dance Mixx by Jazzercise	Cara Mierl	Fitness
#5	Busted!	Sue Cole	Wellness
#6	Stress Melting & Finding your Flow	Deven Penn	Fitness
#7	Kuk Solo Won	Sa Bum Nim Gholston	Fitness
#8	Yoga to help you get through middle and high school	Laura Pastor	Wellness
#9	Celebrate YOU! A self-kindness circle	Courtney Harris	Wellness
#10	Glow Germs	Cari Henry	Wellness
#11	Refuel with Real Food	Melinda Nelson	Nutrition
#12	Tracking Success	Lisa Johnson	Wellnesss
#13	Trader Joe's: Food for Thought	Agustin Perez	Nutrition
#14	Smoothie King: Types & Benefits of Supplements in Smoothies	Andres Barcenass	Nutrition
#15	We Lift Each Other Up!	Katrina Repman	Fitness
#16	Food Meditation	Hillary Kotria	Nutrition
#17	Brace Yourself!	Travis Tomblyn	Wellness
#18	Functional Fitness Performance, Health, and Fun	Jesse O' Brien	Fitness
#19	Mindful Eating	Maria Mendoza	Nutrition
#20	Think Your Drink	Alexa Heras	Nutrition
#21	Bee Buzzing with Honey	Crystal Boyd	Nutrition

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#22	Bigger Brain, Stronger Body  ...HOW?!?!	Kelly Corbet Weinschenk	Wellness
#23	Skincare 101	Lisa Kaspar	Wellness
#24	Plant-Based Eating is SUPER DOPE!	Annie Boyer	Nutrition
#25	Civility and Mental Health	Jesus Ruiz	Wellness
#26	Hip Hop Til' 'Ya Drop	Erick Yanez	Fitness
#27	Train like a Gladiator	Dana Williams	Fitness
#28	Rise Up to Your Best Self!	Amber Reber	Fitness
#29	What is stress and how do we manage stress	Rajendra D Patel	Wellness
#30	Maintaining Core Strength for Life	Bert Massey	Fitness
#31	How to de-stress and fix "text neck" posture	Bart Patzer	Wellness
#32	One Size Does Not Fit All	Maida Ference	Nutrition
#33	Protect Your Game Face	Dr. Brian Smith	Wellness
#34	Train 4 the Game	Emilio Ramirez	Fitness
#35	Core Therapy and Pilates	Core Therapy and Pilates	Fitness
#36	Waste Not Want Not	Lisa Barden	Nutrition
#37	Austin Holistic Fitness	Austin Holistic Fitness	Nutrition
#38	Life's a Garden	Heather Schubert	Nutrition
#39	Snack Attack!	Katy Dawkins	Nutrition
#40	Nutrition Fun!	Caprice Richards	Nutrition

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#41	Brugger's Bagels
#42	Pinkberry
#43	Daily Juice
#44	Kona Ice
#45	Chinook Seeds
#46	Great Wheat Harvest
#47	Smoothie King